

MONDAY

OPTION 1 DN Wholemeal Spaghetti with Creamy Veg. Tomato Sauce

OPTION 2 N

Green Mung Dal Served with Sweetcorn Rice

DESSERT D Ice-Cream

SPECIAL SALAD N Chickpea & Carrots Stir-fry with roasted Coconut

TUESDAY

OPTION 1 D N

Mexican Nachos with Kidneybeans Chilli, Cheese & Herb Yogurt

OPTION 2 D N

Sweetcorn & Pepper Sabji Served with Mix Veg. Rice

DESSERT D N

Chocolate Cake & Custard

SPECIAL SALAD D Bundi Raita

WEDNESDAY

OPTION 1 D N

Cucumber & Cheese Sandwich Served with Tomato Soup

OPTION 2 N

Split Urad Dall Served with Spinach Rice

DESSERT Butter

Chocolate Besan Ladoo

SPECIAL SALAD N

Pasta Salad with Sweetcorn & Olives

THURSDAY

OPTION 1 D N

Veg. & Paneer Kurma Sabji Served with Naan & Jeera Rice

OPTION 2 N

Dal-Fry (Tuver & Yellow Mung) Served with Naan & Jeera Rice

DESSERT D Kheer

SPECIAL SALAD N

Veg. Flat-Rice Salad

FRIDAY

OPTION 1 D N Margherita Pizza

OPTION 2 D

Tasty Spicy Yogurt Rice & Papadum

DESSERT N Jellv

SPECIAL SALAD N

Mix Veg. Rice Noodles

WEEK - 1 **SUMMER TERM MENU 2016**

- Selection of 4 different Fresh Salads and delicious "Special Salad of the day" is served daily.
- On all Ekadasi and special days such as Gaura Purnima, Ramanavmi, Narshimha Chaturdashi and Janmashtami delicious Farali Prasad will be served.
 - Menu is subject to change if the Bhoga is not available.
 - Govinda's kitchen staff would like to thank you for your support.

D - Dairy N - Non Dairy



WEEK - 2 SUMMER TERM MENU 2016

MONDAY

OPTION 1 DN

Cheesy Vegetable Wholemeal Pasta Bake

OPTION 2 N

with Steamed Basmati Rice Tuver Dal

DESSERT D

Mango/Fruit Yogurt

SPECIAL SALAD N

Beetroot & Sunflower Seeds

TUESDAY

OPTION 1 D N

Mexican Tacos Filled with Chilli Bean, Cheese & Herb Yogurt

OPTION 2 D N

Mix Vegetable Curry Served with Butter Rice

DESSERT Butter

Chocolate Crispies

SPECIAL SALAD D

Cucumber Raita

WEDNESDAY

OPTION 1 D N

Veggie Burger with Cheese & Tomato Chutney

OPTION 2 D N

Kadhi

Served with Veg. Pilau Rice

DESSERT Butter

Apple Crumble & Custard

SPECIAL SALAD N

Mix Veg. Bulgar Wheat Salad

THURSDAY

OPTION 1 D N

Veggie Paneer Wraps with Broccoli & Carrots Stir-fry

OPTION 2 N & Butter

Split Blackeye Bean & Broccoli & Carrots Stir-fry, served with Butter Rice

DESSERT D

Shrikhand

SPECIAL SALAD N

Mix Fresh Salad

Lettuce, S.corn, Carrot, Cucumber, Tomato, Apple/Grape, Pasta & Italian Dressing

FRIDAY

OPTION 1 D N

Pizza with Sweetcorn

OPTION 2 D N

Vegetable Biryani with Yogurt & Papadum

DESSERT N

Fruit Jelly

SPECIAL SALAD N

Roasted Potato Salad



WEEK - 3 SUMMER TERM MENU 2016

MONDAY

OPTION 1 DN

Macaroni Cheese with Steamed Broccoli

OPTION 2 N

Potato Sabji Served with Carrot Rice

DESSERT D

Ice-cream

SPECIAL SALAD D

Potato Salad

TUESDAY

OPTION 1 D N

Mexican Enchiladas Filled with Veg, Beans, White & Tomato Sauce & Cheese

OPTION 2 D N

Kadhi Served with Stir-fry Vegetables & Steamed Basmati Rice

DESSERT Butter

Chocolate Cookies

SPECIAL SALAD N

Pasta Salad

WEDNESDAY

OPTION 1 D N

Cheese & Tomato Sandwich Served with Veg. Pasta Soup

OPTION 2 N

Veg. Sambhar & Lemon Rice Served with Idli

DESSERT D Butter

Cream & Jam Puff Pastries

SPECIAL SALAD N

Mix Bean Salad

THURSDAY

OPTION 1 D N

Roasted Vegetables with Pasta Salad

OPTION 2 D N

Vegetable Biryani Served with plain Yogurt

DESSERT D N

Fruit Salad

SPECIAL SALAD N

Mix Veg. Couscous Salad

FRIDAY

OPTION 1 D N

Govinda's Pizza with Sweetcorn, Olives & Peppers

OPTION 2 D N

Veg. Khichdi with plain Yogurt & Papadum

DESSERT D

Angel Delight Mouse

SPECIAL SALAD D Coleslaw

